



WEEK 1

STEP
1

Choose from...

Main

Vegetarian

Combo



STEP
2

...and to finish!



Bread and Salad will be available at Lunch Times

MONDAY

Lamb & Spinach Pasta

to go with

Broccoli, Garlic Bread, Sweetcorn

Vegetarian Bolognese

to go with

Broccoli, Garlic Bread, Pasta, Sweetcorn

Jacket Potato

to go with

Broccoli, Sweetcorn
with choice of fillings

Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans

Sandwich Baguette - combo

to go with

Sweetcorn, Mixed Salad
with choice of fillings
Spinach & Feta Cheese, Tuna Mayo & Cucumber, Grated Cheese & Tomato

Orange & Mango Ice Smoothie

Fresh Fruit Pot, Homemade Yoghurts, Cheese and Biscuits, Jelly

TUESDAY

Jamaican Chicken Curry

to go with

Cauliflower, Mixed Rice, Naan Bread, Peas

Cajun Quorn Jambalaya

to go with

Cauliflower, Naan Bread, Peas

Jacket Potato

to go with

Peas, Mixed Salad
with choice of fillings

Baked Beans, Grated Cheese, Coleslaw, Salmon & Tomato

Sandwich Baguette - combo

to go with

New Potatoes, Peas, Side Salad
with choice of fillings
Ham, Grated Cheese, Egg Mayo

Banana and Honey Cake

Fresh Fruit Pot, Homemade Yoghurts, Cheese and Biscuits, Jelly

WEDNESDAY

Roast Turkey & Stuffing

to go with

Broccoli, Carrots, Roast Potatoes

Quorn Fillet

to go with

Broccoli, Carrots, Roast Potatoes

Jacket Potato

to go with

Peas, Mixed Salad
with choice of fillings
Baked Beans, Grated Cheese, Tuna & Sweetcorn, Coleslaw

Sandwich Baguette - combo

to go with

Peas, Roast Potatoes, Mixed Salad
with choice of fillings
Salmon & Tomato, Roast Turkey & Stuffing, Cheese & Appleslaw

Vanilla Rice Pudding with Fruit and Jam

Fresh Fruit Pot, Homemade Yoghurts, Cheese and Biscuits, Jelly

THURSDAY

Sausages & Homemade BBQ sauce

to go with

Green Beans, Mashed potato, Sweetcorn

Vegetarian Sausage

to go with

Green Beans, Mashed potato, Sweetcorn

Jacket Potato

to go with

Sweetcorn, Mixed Salad
with choice of fillings
Baked Beans, Grated Cheese, Tuna Mayo

Sandwich Baguette - combo

to go with

New Potatoes, Peas, Side Salad
with choice of fillings
Ham, Grated Cheese, Egg Mayo

Apricot Flapjack

Fresh Fruit Pot, Homemade Yoghurts, Cheese and Biscuits, Jelly

FRIDAY

Cod in Batter

to go with

Baked Beans, Chips, Peas

Falafel & Mango Chutney Wrap

to go with

Baked Beans, Chips, Peas

Jacket Potato

to go with

Peas, Mixed Salad
with choice of fillings
Baked Beans, Grated Cheese, Coleslaw

Sandwich Baguette - combo

to go with

Chips, Peas
with choice of fillings
Ham, Grated Cheese, Egg Mayo

Mandarin Cheesecake

Fresh Fruit Pot, Homemade Yoghurts, Cheese and Biscuits, Jelly

Please speak to a member of the Catering Team or view atlp.relishop.com for Allergen Information.