



WEEK 3

STEP
1

Choose from...

Main

Vegetarian

Combo



STEP
2

...and to finish!



Bread and Salad will be available at Lunch Times

MONDAY

Cheese & Tomato Pizza

to go with

Baked Beans, Fresh Seasonal
Potato Wedges

Quorn Dog

to go with

Baked Beans, Fresh Seasonal
Potato Wedges

**Ultimate Super Food
Tomato Pasta**

to go with

Mixed Salad

Jacket Potato

to go with

Mixed Salad

with choice of fillings

Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans

Sandwich

to go with

Mixed Salad, Tortilla chips
with choice of fillings
Grated Cheese, Tuna Mayo

**Raspberry Iced
Smoothie**

Fresh Fruit Bar, Cheese
and Biscuits, Jelly

TUESDAY

Chicken Balti Curry

to go with

Naan Bread, Vegetable rice

**Ultimate Super Food
Tomato Pasta**

to go with

Mixed Salad

Sweet Potato Korma

to go with

Naan Bread, Vegetable rice

Jacket Potato

to go with

Mixed Salad

with choice of fillings

Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans

Sandwich

to go with

Mixed Salad, Tortilla chips
with choice of fillings
Ham, Grated Cheese, Tuna Mayo, Chicken

**Mixed Berry
Yoghurt**

Fresh Fruit Bar, Cheese
and Biscuits, Jelly

WEDNESDAY

Roast Pork

to go with

Fresh seasonal Mashed potato,
Gravy, Yorkshire Pudding, Fresh
seasonal Vegetables

**Lancashire Veggie Hot
pot**

to go with

Fresh seasonal Mashed potato,
Gravy, Yorkshire Pudding, Fresh
seasonal Vegetables

**Ultimate Super Food
Tomato Pasta**

to go with

Mixed Salad

Jacket Potato

to go with

Mixed Salad

with choice of fillings

Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans

Sandwich

to go with

Mixed Salad, Tortilla chips
with choice of fillings
Ham, Grated Cheese, Tuna Mayo

Chocolate Brownie

to go with

Custard

Fresh Fruit Bar, Cheese
and Biscuits, Jelly

THURSDAY

Beef Lasagne

to go with

Herby Diced Potatoes, Green
Beans

Mac N Cheese

to go with

Herby Diced Potatoes, Green
Beans

**Ultimate Super Food
Tomato Pasta**

to go with

Mixed Salad

Jacket Potato

to go with

Mixed Salad

with choice of fillings

Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans

Sandwich

to go with

Mixed Salad, Tortilla chips
with choice of fillings
Ham, Egg Mayo, Grated Cheese, Tuna Mayo

Jammy Slice

Fresh Fruit Bar, Cheese
and Biscuits, Jelly

FRIDAY

Chicken Goujons

to go with

Baked Beans, Chips, Garden
Peas

Veggie Nuggets

to go with

Baked Beans, Chips, Garden
Peas

**Ultimate Super Food
Tomato Pasta**

to go with

Mixed Salad

Jacket Potato

to go with

Mixed Salad

with choice of fillings

Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans

Sandwich

to go with

Mixed Salad, Tortilla chips
with choice of fillings
Ham, Grated Cheese, Tuna Mayo

Sticky Toffee Pudding

to go with

Custard

Fresh Fruit Bar, Cheese
and Biscuits, Jelly

Please speak to a member of the Catering Team or view atlp.relishop.com for Allergen Information.